



We can help you link into other services and supports in your area.

Phone us on 07 3517 2424 to make an appointment with our staff.

Our Additional Services

INFORMATION AND REFERRAL SERVICES

**FORMS ASSISTANCE** 

**REGULAR SOCIAL AND SUPPORT GROUPS** 

**JUSTICE OF PEACE SERVICE** 

LIGHT CARE PACKAGES (& SANITARY PRODUCTS)

**INTERPRETER SERVICE AVAILABLE (TIS)** 



People of the Cannon Hill District and Surroundings

Address: 18 Lang Street, Cannon Hill, 4170

Phone: 07 3517 2424

Email: cannonhillcc@ymcaqueensland.org.au

Facebook: YMCA Cannon Hill





## **Emergency Relief**

Saint Vincent de Paul | Ph. 1800 846 643 Monday to Friday 8am - 4pm

Assistance with clothing, household items, food, fuel vouchers, assistance paying utility bills, pharmacy assistance and advocacy services

**The Salvation Army** | Ph. 13 72 58 Monday to Friday 9am - 5pm

Assistance with crisis referrals such as financial assistance, family and domestic violence, housing, finding employment, funerals, homelessness support and youth services

**3rd Space Fortitude Valley** | Ph. 07 3254 1144 Open 7 Days a Week 8.30am - 4pm

Cafe Open 8.30am - 2pm

Assistance with emergency relief funding, meals, showers, clothes, day rest area, emotional support assistance to access housing, temporary assistance until appropriate referral is complete

Mount Gravatt Community Centre | Ph. 3343 9833 Monday to Friday 9am-1pm

Assistance with electricity, gas, water, landline phone bills (must be overdue) and food hampers

Support for areas - Brisbane South/South East

Citipointe Church Carindale | Ph. 3343 8888

Monday to Friday 8.30am - 4pm

Food parcels

## **Emergency Relief**

Acacia Ridge Community Support Inc | Ph. 3277 4893 Tuesday to Thursday 9am - 12.30pm

Food Co-Op

Support for areas - Brisbane South and Ipswich Regions

Morningside Ward Office (BCC) | Ph. 3407 8200

Monday to Friday 8.30am - 4pm

63 Oxford St Bulimba Food Pantry

## **Emergency Phone Numbers**

Police, Ambulance, Fire (24hr free call) | Ph. 000

DV Connect Women's Line (24hr free call) | Ph. 1800 811 811

Lifeline Crisis Support Service (24hr) | Ph. 13 11 14

Mensline Australia (24hr) | Ph. 1300 789 978

Kids Helpline 5yrs - 25yrs (24hr) | Ph. 3646 5207

QLD Health Sexual Assault Service (24hr) | Ph. 1800 474 753

Homeless Persons Information QLD (24hr) | Ph. 1800 474 753

### **Legal Assistance**

Bayside Community Local Services | Ph. 07 3162 3282 Legal Aid | Ph. 1300 651 188

Womens Legal Service QLD | Ph. 1800 957 957

# Emergency Relief at Cannon Hill Community Centre

18 Lang Street, Cannon Hill, 4170

#### **Wellbeing Wednesdays**

11am - 12.30pm during school terms

FREE food parcels, clothing, toiletries, blankets, light lunch, tea/coffee and Orange Sky Laundry Van (byo bags)

**Support for areas -** Cannon Hill, Carina, Carindale, Coorparoo, Morningside, Seven Hills, Murarrie and Tingalpa

Information and referral service to link to other supports by appointment only 3517 2424

### **Free Facilities**

Orange Sky - Laundry and Showers | Ph. 3062 4811

**Multiple Locations** 

FREE clothes washing and showering services from their mobile vans

Carina Library | Ph. 07 3407 1873

Free wifi, computer, scanner and photocopier use

### **Telstra Payphones**

**Multiple Locations** 

Free payphones throughout Australia

**Translink** | Ph. 13 12 30

Everyday

Free public transport options: City Loop, Spring Hill Loop and City Hopper. Seniors travel for free during off-peak times. Job seekers can receive 50% off their fares (apply online)